

Adhesion form

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Please tick where appropriate if you want your details to be posted on the site (visible only to members)

Contribution for the year : 25 €

Donation..... €

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(payable to : AMAP)

Form and check to be sent to :

AMAP

**1 rue du Grand Puits
13220 LA MEDE**

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**PUDENDAL NEURALGIA...
LET'S TALK ABOUT THIS,
IT IS HIGH TIME !!!**



**Association des Malades
d'Algies Pudendales et
syndromes associés**

*L'AMAP is managed only by volunteers
affected by this pathology*

DO NOT HESITATE TO CONTACT US :

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Algies pudendales

Siège social : 1 rue du grand puits- 13220 LA MEDE
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**CONSEIL
GENERAL**
BOUCHES-DU-RHÔNE
cg13.fr

Main Symptoms

- ↪ Heating in the area innervated by the pudental nerve can spread to the top of the thighs and the buttocks.
- ↪ Shooting electric shock .
- ↪ Deep pinchings, twistings, tightnesses.
- ↪ Muscular pain (buttocks, thighs)
- ↪ Sensation of foreign bodies (in the rectal and vaginal areas)

Pain is usually worse when sitting and less when standing, lying down, or sitting on a toilet seat. It often takes a chronic form and its intensity can be intolerable. The psychological impact is major : private, family, social and profesional lives are often affected. Maintaining a normal professional life is often compromised.

Our main objectives

- ↪ Awareness and recognition of this heavy and disabling pathology.
- ↪ Inform, guide, advise, support and back the patient .
- ↪ Organize and lead a network of mutual aid and local actions thanks to our regional offices.
- ↪ Help reducing misdiagnosis .

Origin of the disease

Its causes are numerous .

Pudental neuralgia may develop insidiously over the years without clear cause.

Its origin can be known and identified:

- ↪ Post-surgery : Following a surgical procedure such as gynecological, urological or proctologic ones.
- ↪ Post-traumatic : Fall, intensive sport like cycling or horse riding...
- ↪ Post-childbirth : Stretching of a nerve

This pathology is progressive. It concerns men and women all ages combined, women being most affected.

Diagnosis

A thorough clinical examination supplemented by specific tests and done exclusively by specialized medical teams, can permit a diagnosis.

Pudental neuralgia

It is a neurological disorder that affects an area concerned by the nerve located in the deep region of the buttock, called pudental nerve (the shame nerve). It innervates the most intimate parts of the body like the external genitalia of both sexes, the rectum, the anus, the perineum, the lower urinary tract. All anatomical structure near the pudental nerve and its branches (bones, ligaments, muscles, fat) can be a source of compression, which is, in many cases, the cause of the disease.

TO get more information on pudental neuralgia and its possible treatment

TO share others' experiences

TO obtain a listening and moral support

JOIN US !!!!